Social Distancing – 1.5 Metres Away

COVID-19 (coronavirus)
MINIMISING RISK

COVID-19 is primarily spread through respiratory droplets produced when an infected person coughs or sneezes.

❖ Avoid unnecessary close contact with others
❖ Keep a distance of at least 1.5 metres between people
❖ Wave instead of handshake or hugging as a greeting
❖ Don’t share objects

Social distancing helps stop the spread of infectious diseases. It means less contact between you and other people.